

Behavior Based Interviewing and S.T.A.R. Exercise

Situation:

Task:

Action:

Result:

Story was too long, too short, just right

The themes I heard:

Did the story make sense?

Do you have a sense of what they've done?

What is the skill/strength demonstrated in the story?

Suggestions for improvement:

Giving Good Feedback:

- Specific
- Respectful
- Positive
- Clear and direct

